

Its time to be happy again..

Shri, Jayprakash Malu, Aged 60 yrs, resident of Arni town, district Yeotmal, Maharashtra, was working with a private company at Nagpur. On 29th Oct, 2016, on way back from work he met with a fatal accident. His vehicle slipped and he collided with the bridge he was crossing. The impact was so strong that his helmet cracked and he suffered a severe head injury. The passerby took him to nearby government hospital and informed his relatives. His relatives shifted him to a private hospital and treatment was started. Doctors advised CT Scan and brain injury was diagnosed. Immediate treatment was initiated but due to abnormal breathing doctors had to perform Tracheotomy (Hole in wind pipe to ease breathing); reason for abnormal breathing was aspiration of vomiting which could have been caused by unaware and non-first aiders trying to put water in the unresponsive & unconscious victims mouth en-route hospital. With tracheotomy doctors also had to put urine catheter, saline, Ryle's tube (feeding tube), etc., all this was necessary for saving his life.

Mr. Malu was with critical care hospital in very critical condition for about 25 days. On 22nd November, 2016 he was brought to Jeevan Suraksha Hospice Geriatric & Palliative Care Center for his further rehabilitation and care with proper management.

At the time of admission with Jeevan Suraksha, he was in semi-conscious state with tracheotomy tube, Ryle's tube, oxygen support, frequent suction requirement to maintain his oxygen saturation level in blood, urine catheter, saline, etc. at times he would become very violent, aggressive and non-cooperative. In first fifteen days, his aggressive, violent nature was brought under control with

medication and frequent counseling. He was on nasogastric tube feeding along with general nursing care and physiotherapy. After about a period of three weeks, his breathing exercises were started and his natural breathing through nose and mouth was regained via practice and temporarily closing his tracheotomy tube, and slowly his tracheotomy tube was permanently removed, thus allowing him to talk. His urine catheter was removed and he was given urine pot every two hourly. With counseling and continuous encouragement we succeeded in taking him to the toilet on his call and thus, he also regained his control and his incontinence was corrected.

Now at last we targeted his nasogastric tube. Problem with removal of this tube is that unless the patient takes adequate intake (food) through mouth, this tube can't be removed. Other than feeding him through the tube, we used to give him practice of oral feeding and he started having his complete meals through mouth and finally his last external tube attached to his body was removed and now he had become fit and fine taking his all meals orally and doing his personal work almost by himself with minimal support.

This not the first story of patient's miraculous recovery and hope it would not be the last at Jeevan Suraksha Hospice Geriatric & Palliative Care Center. All this recovery in such a short period of time was possible due to the complete dedication of our Dr. Shyam Laddha, Director himself, our dedicated staff and other team of doctors. Lots of efforts go in post operative care and management of a patient. Total nursing care, physiotherapy and recovery is a work of complete dedication and hard work. This is not only expected from the managing team of staff and doctors but also from the relatives who have to control their emotions and be of total support. The relatives should restrict themselves from frequent visits for

some time and by controlling their emotions when in-front of the patient. This, allows the patient to get accustomed to the new place and the team taking care of him. The relatives of Mr. Malu cooperated very nicely with Jeevan Suraksha and thus, his recovery was fast.

Finally the new day came, when Jeevan Suraksha called all his relatives and all children of Mr. Malu's family. Mr. Malu was very happy to see all of them, and he recognized almost everyone. We were astonished with his recalling capacity and expressing his emotions. After his family meeting they were informed about his discharge. Most of his family members broke into tears due to extreme happiness.

They all came on the day with most of his family children and all were very happy to see him able to walk and talk to everybody. One can very easily make out how happy Mr. Malu and his family members are in the photographs and video clips. It was indeed a very proud moment for all the doctors, staff, attendants, physiotherapist and the team who worked 24X7 to be able to bring this happy moment in Mr. Malu and his family's life.

Team of Jeevan Suraksha Hospice Geriatric & Palliative Care Center which works for the management, treatment & rehabilitation comprises of: Dr. Shyam Laddha, Director; Dr. Girish Deshpande, Physician; Dr. Dhananjay Kane, General Surgeon; Dr. Ranjana Pardhi, Medical Officer; Staff in-charge-Rani Manoj; Dr. Nitu Sukkalwar, Exercise trainer & Naturopathy and remaining staff along with relatives and well-wishers.

Please also spare some time to go through the photographs and video clips of patient's and his son in law...

